

# CHILDREN and Parent SUPPORT GROUP NARROGIN

# **CURRENT PROGRAMS**

Mondays 9 am - 11.30 am
(All terms)

Kids Hub Playgroup (0-4 yrs)

Tuesdays 9.30 am - 10.30 am
(Terms 3 & 4)
Ready Set Go Pre-Kindy program
(3-4 vrs)

Wednesday 3.30 pm - 4.15 pm
(All terms)
Hub Club After School
(primary school age)

East Narrogin Primary School's Community Centre (Butler St entrance)



# Wondering what we do?

The Narrogin CAPS program is for families with children from 0 -11 years of age. The hub provides weekly playgroups and parenting support with the aim of improving children and their families wellbeing and development.

The program is for all families of young children and aims to help parents and carers connect their children to other services in Narrogin. The program also runs a range of events and activities for the wider community to enjoy.

# **Amity Health Program & Event**

- Supports children to build school readiness skills
- Promotes positive health and well-being for children
- Social interaction for both parent/carer and children
- Provides positive parent-child experiences through play
- Annual community events and celebrations

# **Amity Health Parent Support**

- Parenting workshops provided at no cost to carer
- Information on referral needs:
  - Mental Health professionals
  - Child Development professionals
- Access to advice and support on parenting and child development through playgroup



Providing Health & Wellbeing Solutions









## Where to find us!

East Narrogin Primary School's Community Centre (Butler St entrance)

### Contact:

• Kirsten 0428 929 550 or

• Hannah 0437 858 079

query@amityhealth.com.au www.amityhealth.com.au

The Narrogin CAPS program is funded by the Department of Social Services

